

YOUNG ADULT INTERVENTIONS

- Interventions Canada is very focused on helping parents understand addiction to drugs and alcohol for their child.
- It takes a community of professional support services to bring awareness and education that can help parents understand the symptoms of addicted personality.
- When your young adult has crossed the line, becoming lost in the world of addicted behaviors and pushing away all help and support from families and others, Interventions Canada is here to help.
- Accessing a professional interventionist to help direct your family is a way out of letting go and joining the winning side to accept that crisis interventions, school interventions, counselling interventions can be the solution to helping your whole family.

Some common warning signs of addiction are as follows:

- School performance and grades are progressively declining
- The use of outside influences to feel good about themselves
- Tendency to push family members and close friends away, and to not attend family functions
- Parents noticing their loved ones are sick more than usual
- Young adults hanging out with new friends and/or not meeting curfews
- Prescription drugs and alcohol are going missing from the home
- Irritability, loss of interest of school or sports, or emotional withdrawal
- Criminal activity and involvement with police and/or violent behavior
- Red eyes, poor personal hygiene, decreased body weight, needle marks, scratching and/or picking at the body
- Mood swings, depression, anxiety, dishonesty, and secretive and suspicious behavior