

DRUG INTERVENTIONS

- One of the most difficult aspects of drug addiction is watching a loved one killing themselves. Family and friends appear to be doing more work to fix the problem than the addict is doing. In the intervention field, we call this codependency and enabling behavior.
- The extent of problems related to drug addiction can seem insurmountable for families. At Intervention Canada, we receive calls from parents that are desperate, powerless, and devastated over their children's drug addictions.
- Characteristics of a drug-addicted person may include denial that there is a problem, an attitude that expresses unwillingness/resistance to change, manipulating and lying in order to get their needs met, and negative behaviors in spite of the consequences.
- It is very difficult to convince a drug addicted person that they are killing themselves. Addicted persons has patterns of hurting the people closest to them, and refuse to asked or accept help for their drug addictions.
- Drug addicted people are self-centered, self-absorbed, and tend to check out emotionally and mentally. There are many reasons why addicts tend to use drugs. Most often, they do not want to deal with life, so the drugs become their best friend.
- If you knew someone that had a medical problem, would you try to treat that person yourself? When dealing with a drug addict, families and friends need to be reminded that they cannot treat an untreated drug addicted person. They need a professional much like a person with a medical issue needs a medical doctor.
- The solution to gaining freedom for families and friends is making a commitment to access professional help from a Certified Intervention Professional who is qualified to support the entire family.
- Families need to understand that addiction has been proven to be a brain disease based on both the obsession and the compulsion to use drugs, regardless of the consequences, just to feel better.